



FALL 2026 CALENDAR OF EXPERIENCES

AUGUST – DECEMBER 2026

At the SpeakUpSis Empowerment Center, women come together to learn, connect, and grow through meaningful conversations and shared experiences.

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Aug 11 Meaningful Conversations <i>How to Speak Up Without Apologizing for Existing</i> (Hybrid)	Sept 8 Meaningful Conversations <i>How to Recognize the Impact of Your Words</i> (Hybrid)	Oct 8 Power in Truth <i>Centering Truth</i> (Hybrid)	Nov 10 Meaningful Conversations <i>How to Receive with Gratitude Instead of Guilt</i> (Hybrid)	Dec 8 Meaningful Conversations <i>How to Communicate When Something Is Ending</i> (Hybrid)
Aug 13 Power in Truth <i>Centering Truth</i> (Hybrid)	Sept 10 Power in Truth <i>Centering Truth</i> (Hybrid)	Oct 10 Steady & Clear Group Communication Program <i>Session 1</i> (Hybrid)	Nov 12 Power in Truth <i>Centering Truth</i> (Hybrid)	Dec 11 Friday Night Wind Down <i>Ugly Sweater Night</i> (In Person)
Aug 15 The Grown Woman Room <i>Voice</i> (In Person)	Sept 17 Power in Truth <i>Truth in Motion</i> (Hybrid)	Oct 13 Meaningful Conversations <i>How to Have the Conversation You've Been Avoiding</i> (Hybrid)	Nov 19 Power in Truth <i>Truth in Motion</i> (Hybrid)	Dec 19 The Grown Woman Room <i>Renewal</i> (In Person)
Aug 20 Power in Truth <i>Truth in Motion</i> (Hybrid)	Sept 19 The Grown Woman Room <i>Legacy</i> (In Person)	Oct 15 Power in Truth <i>Truth in Motion</i> (Hybrid)	Nov 21 The Grown Woman Room <i>Gratitude</i> (In Person)	
Aug 28 Friday Night Wind Down <i>Karaoke Night</i> (In Person)	Sept 25 Friday Night Wind Down <i>Spoken Word & Storytelling Night</i> (In Person)	Oct 17 Steady & Clear Group Communication Program <i>Session 2</i> (Hybrid)	Nov 27 Friday Night Wind Down <i>Game Night</i> (In Person)	
		Oct 23 Friday Night Wind Down <i>Karaoke & Confidence Night</i> (In Person)		
		Oct 24 Steady & Clear Group Communication Program <i>Session 3</i> (Hybrid)		

LEARNING EXPERIENCES (HYBRID)

- Meaningful Conversations
- Power in Truth
- Steady & Clear Group Communication Program

CONNECTION EXPERIENCES (IN PERSON)

- The Grown Woman Room
- Friday Night Wind Down

ALL EVENTS TAKE PLACE AT THE SPEAKUPSIS EMPOWERMENT CENTER

2275 Wrightsboro Road, Augusta, Georgia 30904

Visit SpeakUpSis.com for registration, participation details, and event information.